

DROP SHOTS - adding another weapon to your game

It is a ball hit short into your opponents court with "back or under spin" to make the ball stop or not bounce forward - thus bringing your opponent up to the net to make a response shot. This open up options for you to win the point by lobbing over their head or making a passing shot to win the point.

Drop shot is one of the three UNDERSPIN Shots:

Drop shot,
Chip Shot and
Slice.

Each refers to the depth you hit an "underspin" shot.

While you do not actually hit under the ball, you make the ball spin backwards or rotate under!

Who would use a drop shot?

- *A player near the net with an opponent behind the baseline
- *A player who has had to sprint to the net to retrieve a short by by their opponent
- *A player who wants to bring a pusher to the net so they cannot keep lobbing
- *A player who wants to fatigue an opponent by making them sprint to the net then perhaps lobbing over their head to make them chase back to the baseline to retrieve the ball

What is a drop shot?

- *It is a ball hit short into the service court of an opponent with back or underspin to make the ball die or not bounce forward like a top spin shot
- *It should bounce at least twice in the service box to be effective
- *It is not necessarily a winning shot, just one to keep an opponent off balance, make them move and help stop lobbing by the opponent

Where do you hit a drop shot?

- *You would choose to hit a drop shot when you are at mid-court or near the net yourself
- *You would not choose to hit a drop shot from your baseline - in most cases, unless you are particularly skilled at the shot and the opponent is near their back fence or out of the court
- *Your shot should bounce at least 2 time in the opponent's service court to be effective

When do you hit a drop shot?

- *When you have been drawn up into the mid court or to the net with an opponent back behind their baseline, off to one side or they are injured and cannot move well
- *When you have practiced the under spin required to hit a drop shot and kill the forward momentum of the bounce

*To make your opponent move forward to fatigue them, stop them from lobbing you or to end a point

Why would you drop shot?

- *Bring your opponent to the net to pass or lob them
- *Change the momentum in a match
- *Stop players from bringing you to the net and lobbing you
- *Make your opponent change their game
- *JUST BECAUSE YOU CAN

**Short balls win points - deep balls causes rallies and lobs!
just a few options for you to add weapons to your game.**