

Singles Patterns to Keep the Court Sizzling
Greg Patton
Boise State Tennis Coach

- I. Laying the Foundation
 - a. Use of Games
 - 1) Play Games
 - 2) Players Learn Tactics
 - 3) Technique is learned
 - b. Warrior Becomes Warrior in War (use of competition)
- II. Dingles (foundation of singles –cross court)
- III. Evaluation
 - a. Addition-Subtraction
 - b. Evaluate the effectiveness of shot
- IV. Shaping the Ball
- V. Driving the Ball
- VI. Tempo Drill
- VII. Value of the Middle of the Court
 - a. Jabba the Hutt game
- VIII. Value of Hitting Deep Down the Middle
 - a. Spread the Butter
 - b. Dump to Deep Box
- VIII. Changing the Direction of the Ball
Chance of Errors increases when changing the Direction of a deep cross court shot
- IX. Indicators when percentages validate changing the direction
 - a. Opponent's shot lands short (creating offensive opportunity)
 - b. Player is behind the oncoming ball, balanced and set when striking ball
 - c. Opponent is off the court
 - d. Ball is in the Player's Wheelhouse (ideal Striking Zone)
- X. Pull Shot (Inside In) and Inside Out shot
- XI. Defense/Offense/ Neutralizing
 - a. use of different spins
- XII. Score dictates Tactics
 - a. Get to 30 first
 - b. The 3 most important games of a match
- XIV. Changing Gears
 - a. Alternating Spin
 - b. Slice Bread Game
 - c. Vary speed, spin, and height of ball
 - d. Attack Short Ball

